

## **Communication from the Office of Ethnic Services-**

**DATE:** January 19, 2021

**TO:** ACBH Managers and Supervisors

**CC:** All ACBH Staff

**FROM:** Javarré Wilson, MPH, Ethnic Services Manager

**SUBJECT: NATIONAL DAY OF RACIAL HEALING – JANUARY 19, 2021**

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As we—the greater community—continue to grapple with racial injustice, there is momentum and an effort by many to advance health and racial equity and this Department is also at the forefront to lead this charge. We are at a pivotal moment in our history and the actions will be instrumental in the healing process.

Let me provide you with a bit more context and lift up the work started in part by the W.K. Kellogg Foundation’s Truth, Racial Healing & Transformation effort. It is seen as a process to help bring about meaningful and sustainable change. And we can all do our part in bringing about that change and to address systemic racism and its historical and contemporary impact.

The National Day of Healing was established in 2017 by more than 550 U.S. leaders who wanted to set aside a day to take action together and:

- Find ways to reinforce and honor our common humanity and create space to celebrate the distinct differences that make our communities vibrant.
- Acknowledge that there are still deep racial divisions in America that must be overcome and healed, and
- Commit to engaging people from all racial, ethnic, religious and identity groups in genuine efforts to increase understanding, communication, caring and respect for one another.

<https://healourcommunities.org/watch/>

In our Department’s ongoing effort to bring about sustainable change and promote racial healing and equity, we would like to offer some suggested materials for you to review and orient yourself more around our cultural and linguistic communities. (See the following pages.)

### **Renaming of Conference Room:**

Also, we would like to announce the retiring of the Alvarado Niles Conference Room and pivot to a new beginning. The new conference room name at 2000 Embarcadero Cove, 5<sup>th</sup> floor will now be referred to as the [Ashé Lounge](#). Ashé—is a West African philosophical concept and used throughout the African Diaspora signifying *the power to make things happen and produce change*. Also, it is used as a spiritual confirmation—which could mean “so be it or so it is”. This renaming process was driven by the racial injustices and killing of unarmed African Americans in the early part of 2020 and prior. This new and reimaged space is only one step by our system to respond to racial injustice and a designate space for racial healing.



## Recommended Books from our Department Leaders & Community Partners:

In the near future—The Office of Ethnic Services—plans to create a book club on some of the suggested readings.

Happy Reading! 😊

- “Out of Place” by Edward Said
- “Orientalism” by Edward Said
- “Parallels and Paradoxes” by Edward Said/Daniel Barenboim
- “Edward Said’s Concept of Exile: Identity and Cultural Migration in the Middle East”
- “A Legacy of Emancipation and Representation” by Edward Said
- “The Battle for Justice in Palestine” by Ali Abunimah
- “One Country: A Bold Proposal to End the Israeli-Palestinian Impasse” by Ali Abunimah
- Toni Morrison – Beloved; The Bluest Eye
- Richard Wright – Black Boy
- Richard Wright—The Outsider
- Ta-Nehisi Coates – Between the World and Me
- Resmaa Menakem – My Grandmother’s Hands
- Adrienne Marie Brown – Emergent Strategies
- James Baldwin – The Evidence of Things Not Seen
- Democracy in Black -Eddie Glaude Jr.
- Octavia Butler – Parable of the Sower
- Toni Cade Bambara – The Salt Eaters
- Kite Runner by Khaled Hosseini
- A Thousand Splendid Suns by Khaled Hosseini
- Come back to Afghanistan by Said Hyder Akbar and Susan Burton
- Eyes That Kiss in the Corners, by Joanna Ho, Dung Ho (Illustrator)
- The Latinos Of Asia: How Filipino Americans Break the Rules Of Race by Anthony Christian Ocampo
- There, There by Tommy Orange
- Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants, by Robin Wall Kimmerer
- Custer Died for your Sins: An Indian Manifesto, by Vine Deloria Jr.
- An Indigenous Peoples’ History of the United States, by Roxanne Dunbar-Ortiz
- Red Earth, White Lies: Native Americans and the Myth of Scientific Fact, by Vine Deloria Jr.
- Native Science, by Gregory Cajete
- Every day is a Good Day, by Wilma Mankiller
- Native American Animal Stories, by Joseph Bruchac
- Ceremony, by Leslie Marmon Silko
- American Indian Myths and Legends, by Richard Erdoes & Alfonso Ortiz
- Indian Givers: How the Indians of the Americas Transformed the World, by Jack Weatherford \*
- Native Roots: How the Indians Enriched America, by Jack Weatherford \*
- House Made of Dawn, by N. Scott Momaday
- Bury My Heart at Wounded Knee: An American History of the American West, by Dee Brown \*

\*Non-Native authors however very informative



- The Making of Asian America by Erika Lee
- The Best We Could Do by Thi Bui
- Minor Feelings by Cathy Park Hong
- We Too Sing America South Asian, Arab, Muslim, and Sikh Immigrants Shape Our Multiracial Future by Deepa Iyer
- Curry: Eating, Reading, and Race (Exploded Views) by Naben Ruthnum
- Asian American Feminisms and Women of Color Politics, Edited by Lynn Fujiwara and Shireen Roshanravan
- Arab in America by Toufic El Rassi
- Faith, Gender, and Activism in the Punjab Conflict: The Wheat Fields Still Whisper by Mallika Kaur
- A History of the Sikhs Volume 1- 1469-1839 By Khushwant Singh
- A History of the Sikhs Volume 2- 1839-2004 By Khushwant Singh
- Bengali Harlem and the Lost Histories of South Asian America By Vivek Bald
- A Sikh Paradigm for Universal Peace: A Tribune to Sri Guru Gobind Singh Ji by Meji Singh
- The Namesake by Jhumpa Lahiri
- The Kite Runner by Khaled Hosseini
- A Thousand Splendid Sons by Khaled Hosseini
- And the Mountains Echoed by Khaled Hosseini
- Train to Pakistan by Khushwant Singh
- The Henna Artist by Alka Joshi
- The Truths We Hold: An American Journey by Kamala D. Harris
- Punjabi Century 1857-1947 by Prakash Tandon
- What is a Patka? by Tajinder Kaur Kalia
- Let's Celebrate Diwali, by Anjali Joshi
- The many colors of Harpreet Singh by Supriya Kelkar
- Lohri: The Bonfire Festival, by Parveen Kaur Dhillon (Author), Anantdeep Kaur (Illustrator)
- Festival of Colors, by Surishtha Sehgal and Kabir Sehgal
- Malala's Magic Pencil by Malala Yousafzai and Kerascoët
- Kamala and Maya's Big Idea by Meena Harris
- Ambitious Girl by Meena Harris and Marissa Valdez
- Fauja Singh Keeps Going: The True Story of the Oldest Person to Ever Run a Marathon by Simran Jeet Singh and Baljinder Kaur
- Ganesha's Sweet Tooth by Sanjay Patel and Emily Haynes
- The smell of the moon by Lemanatele M. Kneubuhl
- Tales of the Tikongs by Epeli Hau'ofa
- The Girl in the Moon Circle by Sia Figel
- Afakasi woman by Lani Wendt-Young
- Black Ice Matter by Gina Cole
- Iep Jaltok: Poems from a Marshalllese Daughter (Vol. 80) (Sun Tracks) by Kathy Jetnil-Kijner
- Where the Rekohu bones sing by Tina Makereti
- Leaves of the Banyan Tree - Albert Wendt
- My Uhrohs by Emelihter Kihleng
- They who do not grieve by Sia Figel
- Samoan Queer Lives by Yuki Kihara – By Dan Taulapapa and Yuki Kihara
- Coming of Age in Samoa by Margaret Mead
- Breadfruit by Celestine Vaite
- Moloka'i by Alan Brennert
- The Whale Rider by Witi Ihimaera
- Night is a sharkskin drum by Haunani-Kay Trask
- Islands linked by Ocean by Lisa Linn Kanae
- Telesa Trilogy by Lani Wendt-Young – Three separate books: Telesa, A Novel; The Bone Bearer; When Water Burns



- The Colour of Madness: Exploring Black, Asian and Minority Ethnic Mental Health in the UK, edited by Dr. Samara Linton and Rihanna Walcott
- Hood Feminism: Notes From The Women That A Movement Forgot, by Mikki Kendall
- My Grandmother’s Hands: Racialized Trauma and the Pathway to Mending Our Hearts and Bodies, by Resma Menakem – Possible duplicate
- When I Was Puerto Rican: A Memoir, by Esmeralda Santiago
- Stamped From The Beginning, by Ibram X. Kendi
- White Trash: The 400-Year Untold History of Class in America, by Nancy Isenberg
- Nomad: From Islam to America: A Personal Journey Through the Clash of Civilizations, by Ayaan Hirsi Ali
- The End of White Politics: How to Heal Our Liberal Divide, by Zerlina Maxwell
- Brown Girl Dreaming, by Jacqueline Woodson
- What We Carry: Stories Black Women Never Tell Volumes 1-4, Anthology
- Reena and Other Stories, by Paule Marshall
- Lakota Woman, by Mary Crow Dog – and Richard Erdoes
- Sister Outsider: Essays and Speeches, by Audre Lorde – and Cheryl Clarke
- The Ways of White Folks, by Langston Hughes
- We Will Not Cancel Us: And Other Dreams of Transformative Justice, by adrienne maree brown
- The Purpose of Power: How We Come Together When We Fall Apart, by Alicia Garza
- Minor Feelings: An Asian American Reckoning, by Cathy Park Hong
- The Things We Cannot Say, by Kelly Rimmer
- There There by Tommy Orange - Duplicate

#### Documentaries (Movies)

1. Asian Americans by *Wallace H. Coulter Foundation and PBS*
2. <https://www.pbs.org/show/asian-americans/>
3. Sentenced Home by *Independent Lens, Global Voices (Movie)*
4. <https://itvs.org/films/sentenced-home>

#### Podcasts

- “Self-Evident” by Asian America’s stories (Podcast Season 2 Episode 015: Finding Joy) <https://selfevidentshow.com/>
- “EBY Q&A: Taking South Asian history to the streets” <https://open.spotify.com/episode/3P3ER2f1yPIgXnV5VHxHRG?si=yPiw4sGJSPC37V53WS9c6A>
- “They knew it was a lie”: Exposing the cover-up behind Japanese-American mass incarceration <https://open.spotify.com/episode/6muusV7PobuqaPiOr0QuKf?si=z5a0RAjARNqzaVnJlrMHWQ>

